

# **COUNSELING NOTEBOOK**

**SHAWN TRUEMAN**

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#### NOTE:

Throughout this notebook, several abbreviations are used. Some are explained below:

AHD	American Heritage Dictionary
OAD	Oxford American Dictionary
BEC	Becoming an Effective Christian Counselor
PTD	Proverbs Topical Database
BST	Basic Seminar Textbook (Institute in Basic Life Principles)
AST	Advanced Seminar Textbook
FGP	Forms and Growth Projects

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## FAMILY RELATIONSHIPS

### MARRIAGE

Definition - The legal union of a man and woman as husband and wife.;Wedlock.  
(AHD)

Scriptures:

Genesis 2:24-25 - God ordained marriage.  
Song of Solomon - Loving your spouse.  
PTD pp. 89-93

Homework:

- Independently, study 1 Corinthians 13, and make a list of all the things that love does and does not do. Then, write several things/areas where you either show love (or do not show love) to your spouse.
- General Assignment #1.
- General Assignment #2.
- Read "Spirit of Marriage" from AST
- (AST pp. 167-232)

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## FAMILY RELATIONSHIPS

### PRE-MARRIAGE

Definition - Counseling in the principles of courtship and marriage that will help to prepare the couple for marriage.

Scriptures -

Homework -

- General Assignment #1.
- Friendship-Courtship-Engagement (AST pp.147-164)
- Growth Project - "Study Guide for I Corinthians 13:4-8a"
- Begin a list of "Unshakable-Unbreakables" ex. Abstinence from alcohol.
- Read "Spirit of Marriage" from AST - (in notebook sec. MARRIAGE)

Bibliography/Resources

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## FAMILY RELATIONSHIPS

### REMARRIAGE

Definition - The marrying-again of a person who has been married before but is not currently married due to a divorce or death of spouse.

Scriptures -

Homework -

- General Assignment #1.

Bibliography/Resources

## FAMILY RELATIONSHIPS

### DIVORCE

Definition - The legal dissolution of a marriage. (AHD)

Scriptures -

Homework -

- General Assignment #1.

Bibliography/Resources

## FAMILY RELATIONSHIPS

### ADULTERY

Definition - Voluntary sexual intercourse between a married person and a partner other than the lawful spouse. (AHD)

Scriptures -  
PTD pp. 93-97

Homework -  
 General Assignment #1.  
 Development of Immoral Woman (AST p. 165)

Bibliography/Resources

## FAMILY RELATIONSHIPS

### CHILD TRAINING

Definition - The process of discipling one's child.

Scriptures -

PTD pp. 97-105; 136-138

Homework -

- Manners (AST pp. 36-39)
- Discipline/Character (AST pp.267-330)
- Child Character Evaluation (AST pp.324-327)
- General Assignment #1.

Bibliography/Resources

## **FAMILY RELATIONSHIPS**

### **MARRIAGE TO AN UNSAVED SPOUSE**

Definition - A Marriage in which one of the spouses is not a Christian. May result from a Christian marrying a non-Christian or one spouse from a marriage of two unsaved people getting saved.

Scriptures -

Homework -

- General Assignment #1.

Bibliography/Resources

## **FAMILY RELATIONSHIPS**

### **POST-PARTUM DEPRESSION**

Definition - Depression that occurs in a woman who has recently had a baby:  
generally the same as major depression. (Berg)

See: Depression

Scriptures -

Homework -

- General Assignment #1.

Bibliography/Resources

## FAMILY RELATIONSHIPS

### ADOPTION

Definition - To take into one's family through legal means and raise as one's own child. (AHD)

Scriptures -

Homework -

- General Assignment #1.
- General Assignment #2.

Bibliography/Resources

## FAMILY RELATIONSHIPS

### BIRTH DEFECTS

Definition - A deficiency or imperfection of normal development of a born or unborn baby.

Scriptures -

Homework -

- General Assignment #1.
- General Assignment #2.

Bibliography / Resources -

## FAMILY RELATIONSHIPS

### FAMILY DEVOTIONS

Definition -

Scriptures -

Homework -

- General Assignment #1.
- General Assignment #2.

Bibliography/Resources

*Formula for Family Unity* - Freemont, Walter and Trudy

## FINANCES

### TITHING

Definition - A tenth part of one's annual income contributed voluntarily or due as a tax especially for the support of the clergy or church. (AHD)

#### Scriptures -

Le 23:10 Speak unto the children of Israel, and say unto them, When ye be come into the land which I give unto you, and shall reap the harvest thereof, then ye shall bring a sheaf of the **firstfruits** of your harvest unto the priest:

Nu 18:12 All the best of the oil, and all the best of the wine, and of the wheat the **firstfruits** of them which they shall offer unto the LORD, them have I given thee.

Ne 10:35 And to bring the **firstfruits** of our ground, and the **firstfruits** of all fruit of all trees, year by year, unto the house of the LORD:

Pr 3:9 Honour the LORD with thy substance, and with the **firstfruits** of all thine increase:

(Malachi 3:7-10, KJV) Even from the days of your fathers ye are gone away from mine ordinances, and have not kept *them*. Return unto me, and I will return unto you, saith the LORD of hosts. But ye said, Wherein shall we return? Will a man rob God? Yet ye have robbed me. But ye say, Wherein have we robbed thee? In tithes and offerings. Ye *are* cursed with a curse: for ye have robbed me, *even* this whole nation. Bring ye all the tithes into the storehouse, that there may be meat in mine house, and prove me now herewith, saith the LORD of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that *there shall not be room enough to receive it*.

PTD pp. 138-147, 160

#### Homework -

- General Assignment #1.
- Create a budget
- Track all expenses for one week.
- Read "Finances" (BEC pp 289-293)

#### Bibliography / Resources

Burkett materials

## FINANCES

### FAITH PROMISE

Definition -

Faith Promise Missions Giving

Dr. C. Surrett

March 9, 1999

- I. The Definition of faith promise
  - A. Faith - Depending on something you cannot see [Beyond foreseeable ability.] (II Cor 8:3 - Poverty stricken churches in poverty stricken place. Abundant joy in poverty- these are not rich people - but they gave out of what they didn't have. It was beyond their power.)
  - B. Promise - [Purposed beforehand] (II Cor 9:7)
  - C. Missions - [Beyond the outreach of a given local church] (II Co.10:15-16)
  - D. It is Giving - (II Cor 8:2)
- II. The Benefits of Faith Promise to the Giver
  - A. Faith Promise is an opportunity to give yourself (II Cor 8:5)
  - B. Giving is a grace in which we should abound. (II Cor 8:7)
  - C. It is a proof of your love. (II Cor 8:8, 24)
  - D. It increases your faith (II Cor 10:5)
    1. It proves the law of sowing and reaping (II Cor 9:6)
    2. God is able to multiply the seed sown and to provide your daily bread at the same time (II Cor 9:8-10)
      - a) Hannah promised a son by faith - Her promise was dependent upon God's provision.
      - b) After giving Samuel to God, she had 3 sons and 2 daughters.
    3. Not the rich but the poor give by faith (II Cor 8:3)
- III. The Benefits of Faith Promise to the Missionary.
  - A. He is not embarrassed (II Cor 9:4)
  - B. He need not appear covetous. (II Cor 9:5)
  - C. When he returns, he can concentrate on spiritual matters. (I Cor 16:2)
  - D. It enlarges his ministry (II Cor 10:14,15)
- IV. The Benefits of Faith Promise to the Lost
  - A. The Expansion of the spread of the Gospel (II Cor 10:15, 16)
  - B. The believer's love for the lost is proven (Cor 8:24)
- V. Practical tips for Faith Promise Missions Giving
  - A. Anticipate that those who have not participated before, will not understand the principle at first.
    1. Be Patient, Recognizing the need for their faith to grow.
    2. Encourage them to start small.
  - B. Institute Faith Promise in Connection with a strong Spiritual Challenge toward missions. (Annual missions conference.)
  - C. Explain the difference between faith promise and a pledge
    1. Pledges are monitored through follow up contacts
    2. Faith Promise is strictly between God and the individual
  - D. Constantly emphasize the importance of prayer in the faith promise program
    1. Prayer to determine the amount promised.
    2. Prayer daily for the amount to be provided upon God.

Scriptures -

1 Corinthians 8-10

PTD pp. 138-147, 160

Homework -

## **FINANCES**

- General Assignment #1.
- List the principles from 1 Corinthians 8-10
- Read “Finances” (BEC pp 289-293)

Bibliography / Resources

## FINANCES

### DEBT

Definition - An obligation or liability to pay or render something to someone else. ;  
The condition of owing. (AHD)

#### Scriptures -

(Exodus 19:5, KJV) Now therefore, if ye will obey my voice indeed, and keep my covenant, then ye shall be a peculiar treasure unto me above all people: for all the earth *is* mine:

(Deuteronomy 10:14, KJV) Behold, the heaven and the heaven of heavens *is* the LORD'S thy God, the earth *also*, with all that therein *is*.

(Haggai 2:8, KJV) The silver *is* mine, and the gold *is* mine, saith the LORD o hosts.

(1 Corinthians 10:26, KJV) For the earth *is* the Lord's, and the fulness thereof

(Job 1:21, KJV) And said, Naked came I out of my mother's womb, and naked shall I return thither: the LORD gave, and the LORD hath taken away blessed be the name of the LORD.

(Job 41:11, KJV) Who hath prevented me, that I should repay *him*? *whatsoever is* under the whole heaven is mine.

PTD pp. 138-147, 160

#### Homework -

- General Assignment #1.
- Read "Finances" (BEC pp 289-293)

#### Bibliography / Resources

## **FINANCES**

### **INSURANCE**

Definition - Coverage by a contract binding a party to indemnify another against specified loss in return for premiums paid. (AHD)

Scriptures -  
PTD pp. 129-131

Homework -  
 General Assignment #1.  
 Read "Finances" (BEC pp 289-293)

Bibliography / Resources

## **FINANCES**

### **RETIREMENT PLANNING**

Definition - Financial planning for the future when one is past the age or ability to work.

Scriptures -

(Luke 14:28, KJV) For which of you, intending to build a tower, sitteth not down first, and counteth the cost, whether he have *sufficient* to finish *it*?

PTD pp. 129-131

Homework -

- General Assignment #1.

Bibliography / Resources

## SEXUALITY

### FORNICATION/PROMISCUITY

Definition - Sexual intercourse between partners who are not married to each other  
The state or character of being Indiscriminate in the choice of sexual partners. (AF

Scriptures -  
PTD pp. 93--97

Homework -  
 General Assignment #1.  
 BEC pp. 57, 133-134

Bibliography / Resources

## SEXUALITY

### SODOMY

Definition - 1. Anal copulation of one male with another. 2. Anal or oral copulation with a member of the opposite sex. 3. Copulation with an animal. (AHD)

#### Scriptures -

(Genesis 13:13, KJV) But the men of Sodom *were* wicked and sinners before the LORD exceedingly.

(Genesis 19:1-11, KJV)

(Leviticus 18:22, KJV) Thou shalt not lie with mankind, as with womankind: it is an abomination.

(Leviticus 20:13, KJV) If a man also lie with mankind, as he lieth with a woman, both of them have committed an abomination: they shall surely be put to death; their blood *shall be* upon them.

(Deuteronomy 23:17, KJV) There shall be no whore of the daughters of Israel, nor a sodomite of the sons of Israel.

(Judges 19:22-25, KJV) *Now* as they were making their hearts merry, behold, the men of the city, certain sons of Belial, beset the house round about, *and* beat at the door, and spake to the master of the house, the old man, saying, Bring forth the man that came into thine house, that we may know him. And the man, the master of the house, went out unto them, and said unto them, Nay, my brethren, *nay*, I pray you, do not *so* wickedly; seeing that this man is come into mine house, do not this folly. Behold, *here* my daughter a maiden, and his concubine; them I will bring out now, and humble ye them, and do with them what seemeth good unto you: but unto this man do not so vile a thing. But the men would not hearken to him: so the man took his concubine, and brought her forth unto them; and they knew her and abused her all the night until the morning: and when the day began to spring, they let her go.

(Romans 1:24-28, KJV) Wherefore God also gave them up to uncleanness through the lusts of their own hearts, to dishonour their own bodies between themselves: Who changed the truth of God into a lie, and worshipped and served the creature more than the Creator, who is blessed for ever. Amen. For this cause God gave them up unto vile affections: for even their women did change the natural use into that which is against nature: And likewise also the men, leaving the natural use of the woman, burned in their lust one toward another; men with men working that which is unseemly, and receiving in themselves that recompence of their error which was meet. And even as they did not like to retain God in *their* knowledge, God gave them over to a reprobate mind, to do those things which are not convenient;

(1 Corinthians 6:9,10, KJV) Know ye not that the unrighteous shall not inherit the kingdom of God? Be not deceived: neither fornicators, nor idolaters, nor adulterers, nor effeminate, nor abusers of themselves with mankind, Nor

## SEXUALITY

thieves, nor covetous, nor drunkards, nor revilers, nor extortioners, shall inherit the kingdom of God.

(2 Peter 2:6, KJV) And turning the cities of Sodom and Gomorrha into ashes condemned *them* with an overthrow, making *them* an ensample unto those that after should live ungodly;

Homework -

- General Assignment #1.
- AST pp. 287-295
- BEC pp. 142-151

Bibliography / Resources

## SEXUALITY

### MOLESTATION

Definition - To subject to unwanted or improper sexual activity. (AHD)

Scriptures -

Homework -

- General Assignment #1.

Bibliography / Resources

## SEXUALITY

### INCEST

Definition - Sexual relations between persons who are so closely related that their marriage is illegal or forbidden by custom. (AHD)

#### Scriptures -

(Leviticus 18:6-18, KJV) None of you shall approach to any that is near of kin to him, to uncover *their* nakedness: I *am* the LORD. The nakedness of thy father, or the nakedness of thy mother, shalt thou not uncover: she *is* thy mother; thou shalt not uncover her nakedness. The nakedness of thy father's wife shalt thou not uncover: it *is* thy father's nakedness. The nakedness of thy sister, the daughter of thy father, or daughter of thy mother, *whether she be* born at home, or born abroad, *even* her nakedness thou shalt not uncover. The nakedness of thy son's daughter, or of thy daughter's daughter, *even* their nakedness thou shalt not uncover: for theirs *is* thine own nakedness. The nakedness of thy father's wife's daughter, begotten of thy father, she *is* thy sister, thou shalt not uncover her nakedness. Thou shalt not uncover the nakedness of thy father's sister: she *is* thy father's near kinswoman. Thou shalt not uncover the nakedness of thy mother's sister: for she *is* thy mother's near kinswoman. Thou shalt not uncover the nakedness of thy father's brother, thou shalt not approach to his wife: she *is* thine aunt. Thou shalt not uncover the nakedness of thy daughter in law: she *is* thy son's wife; thou shalt not uncover her nakedness. Thou shalt not uncover the nakedness of thy brother's wife: *is* thy brother's nakedness. Thou shalt not uncover the nakedness of a woman and her daughter, neither shalt thou take her son's daughter, or her daughter's daughter, to uncover her nakedness; *for they are* her near kinswomen: it *is* their wickedness. Neither shalt thou take a wife to her sister, to vex *her*, to uncover her nakedness, beside the other in her life *time*.

(Genesis 19:30-38, KJV)

(2 Samuel 13:6-22, KJV)

(1 Corinthians 5:1, KJV) It is reported commonly *that there is* fornication among you, and such fornication as is not so much as named among the Gentiles, that one should have his father's wife.

#### Homework -

- General Assignment #1.
- Read Genesis 19:30-38
- Read 2 Samuel 13:6-22

#### Bibliography / Resources

## SEXUALITY

### PORNOGRAPHY

Definition - Pictures, writing, or other material that is sexually explicit and sometime equates sex with power and violence. (AHD)

Scriptures -

Homework -

- General Assignment #1.

Bibliography / Resources

## SEXUALITY

### RAPE

Definition - The act or crime of having unwanted sexual intercourse either with or without force. (OAD)

Scriptures -

(Judges 19:22-25, KJV) *Now* as they were making their hearts merry, behold, the men of the city, certain sons of Belial, beset the house round about, *and* beat at the door, and spake to the master of the house, the old man, saying, Bring forth the man that came into thine house, that we may know him. And the man, the master of the house, went out unto them, and said unto them, Nay, my brethren, *nay*, I pray you, do not *so* wickedly; seeing that this man is come into mine house, do not this folly. Behold, *here* my daughter a maiden, and his concubine; them I will bring out now, and humble ye them, and do with them what seemeth good unto you: but unto this man do not so vile a thing. But the men would not hearken to him: so the man took his concubine, and brought her forth unto them; and they knew her and abused her all the night until the morning: and when the day began to spring, they let her go.

See “forgiveness verses” - Abortion

John 14

Homework -

- General Assignment #1.

Bibliography / Resources

## **SEXUALITY**

### **UNMARRIED/TEEN PREGNANCY**

Definition - Pregnancy outside the bounds of marriage; or that of a minor teenager.

Scriptures -

Homework -

- General Assignment #1.

Bibliography / Resources

## SEXUALITY

### MASTURBATION

Definition - Producing a sexual orgasm by stimulating the genitals by hand. (OAT)

#### Scriptures -

(1 Thessalonians 4:4-7, KJV) That every one of you should know how to possess his vessel in sanctification and honour; Not in the lust of concupiscence, even as the Gentiles which know not God: That no *man* go beyond and defraud his brother in *any* matter: because that the Lord *is* the avenger of all such, as we also have forewarned you and testified. For God hath not called us unto uncleanness, but unto holiness.

(Romans 13:14, KJV) But put ye on the Lord Jesus Christ, and make not provision for the flesh, to *fulfil* the lusts *thereof*.

(1 Corinthians 10:13, KJV) There hath no temptation taken you but such as i common to man: but God *is* faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear *it*.

#### Homework -

- General Assignment #1.
- AST pp. 285-287

#### Bibliography / Resources

## **CRIME**

### **MURDER**

Definition - The unlawful killing of one human being by another, especially with premeditated malice. (AHD)

Scriptures -  
(Exodus 20:13, KJV) Thou shalt not kill.

Homework -  
 General Assignment #1.

Bibliography / Resources

## CRIME

### THEFT

Definition - The act or an instance of stealing; larceny. (AHD)

Scriptures -

Ge 31:27 Wherefore didst thou flee away secretly, and **steal** away from me; and didst not tell me, that I might have sent thee away with mirth, and with songs, with tabret, and with harp?

Ge 44:8 Behold, the money, which we found in our sacks' mouths, we brought again unto thee out of the land of Canaan: how then should we **steal** out of thy lord's house silver or gold?

Ex 20:15 Thou shalt not **steal**.

Ex 22:1 If a man shall **steal** an ox, or a sheep, and kill it, or sell it; he shall restore five oxen for an ox, and four sheep for a sheep.

Le 19:11 Ye shall not **steal**, neither deal falsely, neither lie one to another.

De 5:19 Neither shalt thou **steal**.

2Sa 19:3 And the people gat them by stealth that day into the city, as people being ashamed **steal** away when they flee in battle.

Pr 6:30 *Men* do not despise a thief, if he **steal** to satisfy his soul when he is hungry;

Pr 30:9 Lest I be full, and deny *thee*, and say, Who *is* the LORD? or lest I be poor, and **steal**, and take the name of my God *in vain*.

Jer 7:9 Will ye **steal**, murder, and commit adultery, and swear falsely, and burn incense unto Baal, and walk after other gods whom ye know not;

Jer 23:30 Therefore, behold, I *am* against the prophets, saith the LORD, that **steal** my words every one from his neighbour.

Mt 6:19 Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and **steal**:

Mt 6:20 But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor **steal**:

Mt 19:18 He saith unto him, Which? Jesus said, Thou shalt do no murder, Thou shalt not commit adultery, Thou shalt not **steal**, Thou shalt not bear false witness,

Mt 27:64 Command therefore that the sepulchre be made sure until the third day, lest his disciples come by night, and **steal** him away, and say unto the people, He is risen from the dead: so the last error shall be worse than the first.

Mr 10:19 Thou knowest the commandments, Do not commit adultery, Do not kill, Do not **steal**, Do not bear false witness, Defraud not, Honour thy father and mother.

Lu 18:20 Thou knowest the commandments, Do not commit adultery, Do not kill, Do not **steal**, Do not bear false witness, Honour thy father and thy mother.

Joh 10:10 The thief cometh not, but for to **steal**, and to kill, and to destroy: I am come that they might have life, and that they might have *it* more abundantly.

Ro 2:21 Thou therefore which teachest another, teachest thou not thyself? thou that preachest a man should not **steal**, dost thou **steal**?

Ro 13:9 For this, Thou shalt not commit adultery, Thou shalt not kill, Thou shalt

## **CRIME**

not **steal**, Thou shalt not bear false witness, Thou shalt not covet; and if *the* *be* any other commandment, it is briefly comprehended in this saying, namely, Thou shalt love thy neighbour as thyself.

Eph 4:28 Let him that stole **steal** no more: but rather let him labour, working with *his* hands the thing which is good, that he may have to give to him that needeth.

### Homework -

- General Assignment #1.
- Begin to memorize above verses. (use MAP method)
- Make a list of things stolen and the persons they were stolen from.
- Make restitution for what was stolen.
- Seek forgiveness from those who were stolen from.

### Bibliography / Resources

## SPIRITUAL LIFE

### PERSONAL DEVOTIONS

Definition - An expression of one's devotion to and dependence upon God.  
Usually a daily time of Bible reading and prayer; Quiet time; Fellowship with God.

Scriptures -

Ps 63:1 <<A Psalm of David, when he was in the wilderness of Judah.>> O God, thou *art* my God; **early** will I seek thee: my soul thirsteth for thee, my flesh longeth for thee in a dry and thirsty land, where no water is;

Ps 108:2 Awake, psaltery and harp: I *myself* will awake **early**.

Pr 8:17 I love them that love me; and those that seek me **early** shall find me

Homework -

- General Assignment #1.
- Read 1 John once daily for a month using significant statement sheet.

Bibliography / Resources

## **SPIRITUAL LIFE**

### **DOUBTING SALVATION**

Definition - A situation where a Christian is unsure of the fact of his salvation. It may be due to immaturity, habitual sin, or the fact that he is actually unsaved.

Scriptures -

1 John 5:12-14

Homework -

- General Assignment #1.
- Confess doubt as sin.
- Confess and forsake any other known sin.
- Thank God in prayer for saving you.

Bibliography / Resources

## **SPIRITUAL LIFE**

### **WILL OF GOD**

Definition - The specific plan of God for a man's life.

Scriptures -  
Romans 12:1-2

Homework -  
 General Assignment #1.

Bibliography / Resources

## SPIRITUAL LIFE

### BITTERNESS

Definition - Causing a sharply unpleasant, painful, or stinging sensation; harsh; Diff or distasteful to accept, admit, or bear; Proceeding from or exhibiting strong animosity; Resulting from or expressive of severe grief, anguish, or disappointment Marked by resentment or cynicism. (AHD)

--"A continual anger response coupled with an unforgiving spirit toward people who the bitter person believes has violated his rights." BEC p. 117

#### Scriptures -

(Hebrews 12:15, KJV) Looking diligently lest any man fail of the grace of God; lest any root of bitterness springing up trouble *you*, and thereby many be defiled;

#### Homework -

- General Assignment #1.
- Read "Bitterness" BEC Chapter 10 pp. 117-128
- Memorize Hebrews 12:15 (see MAP method)
- Read 1 John every day for a month using significant statement sheets.

#### Bibliography / Resources

## SPIRITUAL LIFE

### IDOLATRY

Definition - Worship of idols; Blind or excessive devotion to something. (AHD)

Scriptures -

(Exodus 20:1-6, KJV) And God spake all these words, saying, I *am* the LORD thy God, which have brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have no other gods before me. Thou shalt not make unto thee any graven image, or any likeness *of any thing* that *is* in heaven above, or that *is* in the earth beneath, or that *is* in the water under the earth: Thou shalt not bow down thyself to them, nor serve them: for I the LORD thy God *am* a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth *generation* of them that hate me; And shewing mercy unto thousands of them that love me, and keep my commandments.

Homework -

- General Assignment #1.
- Memorize above verses using the MAP method.
- Make a list of things to which you devote time and money.

Bibliography / Resources

## SPIRITUAL LIFE

### ANGER

Definition - A strong feeling of displeasure or hostility. (AHD)

Four types: BEC pp. 118-119

Anger and Spousal abuse: BEC p. 241

Scriptures -

(Jonah 4:6-9, KJV) And the LORD God prepared a gourd, and made *it* to come up over Jonah, that it might be a shadow over his head, to deliver him from his grief. So Jonah was exceeding glad of the gourd. But God prepared a worm when the morning rose the next day, and it smote the gourd that it withered. And it came to pass, when the sun did arise, that God prepared a vehement east wind; and the sun beat upon the head of Jonah, that he fainted, and wished in himself to die, and said, *It is* better for me to die than to live. And God said to Jonah, Doest thou well to be angry for the gourd? And he said, I do well to be angry, *even* unto death.

Homework -

- General Assignment #1.

Bibliography / Resources

## SPIRITUAL LIFE

### LYING

Definition - To present false information with the intention of deceiving. To convey false image or impression. To cause to be in a specific condition or affect in a specific way by telling falsehoods. (AHD)

#### Scriptures -

(1 Timothy 4:1,2, KJV) Now the Spirit speaketh expressly, that in the latter times some shall depart from the faith, giving heed to seducing spirits, and doctrines of devils; Speaking lies in hypocrisy; having their conscience seared with a hot iron;

(Acts 5:1-4, KJV) But a certain man named Ananias, with Sapphira his wife, sold a possession, And kept back *part* of the price, his wife also being privy *to it*, and brought a certain part, and laid *it* at the apostles' feet. But Peter said Ananias, why hath Satan filled thine heart to lie to the Holy Ghost, and to keep back *part* of the price of the land? Whiles it remained, was it not thine own? and after it was sold, was it not in thine own power? why hast thou conceived this thing in thine heart? thou hast not lied unto men, but unto God

(Ephesians 4:25, KJV) Wherefore putting away lying, speak every man truth with his neighbour: for we are members one of another.

#### Homework -

- General Assignment #1.
- Read "Lying" BEC Chapter 15 pp. 185-194

#### Bibliography / Resources

## SPIRITUAL LIFE

### PRIDE

Definition - Arrogant or disdainful conduct or treatment; haughtiness. An excessive high opinion of oneself; conceit.

#### Scriptures -

(Psalms 40:4, KJV) Blessed *is* that man that maketh the LORD his trust, and respecteth not the proud, nor such as turn aside to lies.

(Isaiah 5:21, KJV) Woe unto *them that are* wise in their own eyes, and prudent in their own sight!

(1 Corinthians 8:2, KJV) And if any man think that he knoweth any thing, he knoweth nothing yet as he ought to know.

(Galatians 6:14, KJV) But God forbid that I should glory, save in the cross of our Lord Jesus Christ, by whom the world is crucified unto me, and I unto the world.

(1 Peter 5:5,6, KJV) Likewise, ye younger, submit yourselves unto the elder. Yea, all *of you* be subject one to another, and be clothed with humility for God resisteth the proud, and giveth grace to the humble. Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time:

(1 John 2:16, KJV) For all that *is* in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world.

PTD pp. 156-160

#### Homework -

- General Assignment #1.
- Read "Pride-Rebellion" BEC pp. 332-333

#### Bibliography / Resources

## **SPIRITUAL LIFE**

### **GAMBLING**

Definition - To take a risk in the hope of gaining an advantage or a benefit.  
3. To engage in reckless or hazardous behavior. An act or undertaking of uncertain outcome; a risk. (AHD)

Scriptures -

(Proverbs 28:8, KJV) He that by usury and unjust gain increaseth his substance, he shall gather it for him that will pity the poor.

Homework -

- General Assignment #1.

Bibliography / Resources

## SPIRITUAL LIFE

### GUILT

Definition - Remorseful awareness of having done something wrong. b. Self-reproach for supposed inadequacy or wrongdoing. (AHD)

Guilt and Depression BEC pp. 265-266

Scriptures -

(Romans 14:17, KJV) For the kingdom of God is not meat and drink; but righteousness, and peace, and joy in the Holy Ghost. {Confess and take responsibility for sin; Forget the sin; Praise God for forgiveness. BEC pp. 63-64}

Homework -

- General Assignment #1.

Bibliography / Resources

## SPIRITUAL LIFE

### MUSIC

Definition - The art of arranging sounds in time so as to produce a continuous, unified and evocative composition, as through melody, harmony, rhythm, and timbre. Vocal or instrumental sounds possessing a degree of melody, harmony, or rhythm. An aesthetically pleasing or harmonious sound or combination of sounds. (AHD)

Scriptures -

Colossians 3:15-17

Homework -

- General Assignment #1.
- Read my paper "The Role of Music in the Nation of Israel"
- Watch the Ken Lynch Video Series and do the worksheets.
- Read my paper "A Philosophy of Music"  
Memorize Colossians 3:15-17
- AST pp. 119-140

Bibliography / Resources

## **SPIRITUAL LIFE**

### **SLOTHFULLNESS**

Definition - Aversion to work or exertion; laziness; indolence. Lazy = Resistant to work or exertion; disposed to idleness. Slow-moving; sluggish. Conducive to idleness or indolence. (AHD)

Scriptures -  
PTD pp.. 84-89

Homework -  
 General Assignment #1.  
 (AST pp. 111-113)

Bibliography / Resources

## SPIRITUAL LIFE

### ANXIETY

Definition - A state of uneasiness and apprehension, as about future uncertainties. A cause of anxiety. 2. Psychiatry. A state of intense apprehension, uncertainty, and fear resulting from the anticipation of a threatening event or situation, often to a degree that the normal physical and psychological functioning of the affected individual is disrupted. 3. Eager, often agitated desire. (AHD)

#### Scriptures -

(Philippians 4:6-9, KJV) Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. Finally, brethren, whatsoever things are true, whatsoever things *are* honest, whatsoever things *are* just, whatsoever things *are* pure, whatsoever things *are* lovely, whatsoever things *are* of good report; if *there be* any virtue, and if *there be* any praise, think on these things. Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.

(Exodus 14:13,14, KJV) And Moses said unto the people, Fear ye not, stand still, and see the salvation of the LORD, which he will shew to you to day: for the Egyptians whom ye have seen to day, ye shall see them again no more for ever. The LORD shall fight for you, and ye shall hold your peace.

(1 Peter 5:7, KJV) Casting all your care upon him; for he careth for you.

(2 Peter 1:4, KJV) Whereby are given unto us exceeding great and precious promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust.

#### Homework -

- General Assignment #1.
- Read BEC pp. 208-214

#### Bibliography / Resources

## DEATH

### SUICIDE

Definition - The act or an instance of intentionally killing oneself. (AHD)

Unless a method is stated, this threat is statistically empty.

“Suicide is the ultimate act of selfishness” - C. Surret (Jonah - It is better for me.)

Scriptures -

(Jonah 4:1-11, KJV) But it displeased Jonah exceedingly, and he was very angry. And he prayed unto the LORD, and said, I pray thee, O LORD, was not this my saying, when I was yet in my country? Therefore I fled before unto Tarshish: for I knew that thou *art* a gracious God, and merciful, slow to anger, and of great kindness, and repentest thee of the evil. Therefore now, O LORD, take, I beseech thee, my life from me; for *it is* better for me to die than to live. Then said the LORD, Doest thou well to be angry?

Homework -

- General Assignment #1.
- Study the meaning of the “unpardonable sin.”

Bibliography / Resources

## **DEATH**

### **NATURAL DEATH**

Definition -

Scriptures -  
1 Samuel 2

Homework -  
 General Assignment #1.

Bibliography / Resources  
Hospice Organizations

## **DEATH**

### **INFANT DEATH**

Definition -

Scriptures -  
1 Samuel 12

Homework -  
 General Assignment #1.

Bibliography / Resources

## **DEATH**

### **ACCIDENTAL/SUDDEN DEATH**

Definition -

Scriptures -

1 Samuel 2

John 14

John 11

Homework -

- General Assignment #1.

Bibliography / Resources

## DEATH

### ABORTION

Definition - Induced termination of pregnancy and expulsion of an embryo or fetus that is incapable of survival. Cessation of normal growth, especially of an organ or other body part, prior to full development or maturation. (AHD)

#### Scriptures -

(Exodus 20:13, KJV) Thou shalt not kill.

2Ch 7:14 If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will **forgive** their sin, and will heal their land;

Ps 25:18 Look upon mine affliction and my pain; and **forgive** all my sins.

Ps 32:1 <<A Psalm of David, Maschil.>> Blessed *is he* whose transgression *is forgiven*, whose sin *is covered*.

Ps 85:2 Thou hast **forgiven** the iniquity of thy people, thou hast covered all their sin. Selah.

Ps 86:5 For thou, Lord, *art* good, and ready to **forgive**; and plenteous in mercy unto all them that call upon thee.

Ps 103:3 Who **forgiveth** all thine iniquities; who healeth all thy diseases;

Da 9:9 To the Lord our God *belong* mercies and **forgivenesses**, though we have rebelled against him;

Col 1:14 In whom we have redemption through his blood, *even* the **forgiveness** of sins:

1Jo 1:9 If we confess our sins, he is faithful and just to **forgive** us *our* sins, and to cleanse us from all unrighteousness.

1Jo 2:12 I write unto you, little children, because your sins are **forgiven** you for his name's sake.

#### Homework -

- General Assignment #1.

#### Bibliography / Resources

## DEATH

### GRIEF

Definition - Deep mental anguish, as that arising from bereavement. A source of deep mental anguish. (AHD)

#### Scriptures -

(1 Thessalonians 4:13-18, KJV) But I would not have you to be ignorant, brethren, concerning them which are asleep, that ye sorrow not, even as others which have no hope. For if we believe that Jesus died and rose again even so them also which sleep in Jesus will God bring with him. For this we say unto you by the word of the Lord, that we which are alive *and* remain until the coming of the Lord shall not prevent them which are asleep. For the Lord himself shall descend from heaven with a shout, with the voice of the archangel, and with the trump of God: and the dead in Christ shall rise first: Then we which are alive *and* remain shall be caught up together with them in the clouds, to meet the Lord in the air: and so shall we ever be with the Lord Wherefore comfort one another with these words.

#### Homework -

- General Assignment #1.
- Memorize above verses. (MAP method)

#### Bibliography / Resources

## PHYSICAL/MENTAL

### MENOPAUSE

Definition - The period marked by the natural and permanent cessation of menstruation, occurring usually between the ages of 45 and 55. (AHD)

#### Scriptures -

And they said unto him, Where *is* Sarah thy wife? And he said, Behold, in the tent. And he said, I will certainly return unto thee according to the time of life and, lo, Sarah thy wife shall have a son. And Sarah heard *it* in the tent door, which *was* behind him. Now Abraham and Sarah *were* old *and* well stricken age; **and it ceased to be with Sarah after the manner of women.**

Therefore Sarah laughed within herself, saying, After I am waxed old shall I have pleasure, my lord being old also? And the LORD said unto Abraham, Wherefore did Sarah laugh, saying, Shall I of a surety bear a child, which am old? Is any thing too hard for the LORD? At the time appointed I will return unto thee, according to the time of life, and Sarah shall have a son. Then Sarah denied, saying, I laughed not; for she was afraid. And he said, Nay; but thou didst laugh. (**Genesis 18:9-15, KJV**).

#### Homework -

- General Assignment #1.

#### Bibliography / Resources

## **PHYSICAL/MENTAL**

### **BIPOLAR DISORDER (MANIC-DEPRESSIVE)**

Definition - Depression that occurs in a person who sometimes also experiences manic highs. (Berg)

Scriptures -

Homework -

- General Assignment #1.
- See following pages

Bibliography / Resources

## **PHYSICAL/MENTAL**

### **DRUNKARD/ALCOHOL**

Definition - One who is habitually drunk. A person who drinks alcoholic substances habitually and to excess or who suffers from alcoholism. Alcoholism - The compulsive consumption of and psychophysiological dependence on alcoholic beverages. A chronic, progressive pathological condition, mainly affecting the nervous and digestive systems, caused by the excessive and habitual consumption of alcohol. Temporary mental disturbance and muscular incoordination caused by excessive consumption of alcohol. (AHD)

Scriptures -  
PTD pp. 110-111

Homework -  
 General Assignment #1.

Bibliography / Resources

## **PHYSICAL/MENTAL**

### **CANCER**

Definition - a. Any of various malignant neoplasms characterized by the proliferation of anaplastic cells that tend to invade surrounding tissue and metastasize to new body sites. b. The pathological condition characterized by such growths. (AHD)

Scriptures -

Homework -

- General Assignment #1.

Bibliography / Resources

## **PHYSICAL/MENTAL**

### **NARCOLEPSY**

Definition - A disorder characterized by sudden and uncontrollable, though often brief, attacks of deep sleep, sometimes accompanied by paralysis and hallucinations. (AHD)

Scriptures -

Homework -

- General Assignment #1.

Bibliography / Resources

## PHYSICAL/MENTAL

### OBSESSIVE/COMPULSIVE

Definition - Compulsive preoccupation with a fixed idea or an unwanted feeling or emotion, often accompanied by symptoms of anxiety. An irresistible impulse to act, regardless of the rationality of the motivation. (AHD)

Scriptures -

For I am full of matter, the spirit within me constraineth me. (Job 32:18, KJV)  
For the love of Christ constraineth us; because we thus judge, that if one die for all, then were all dead: (2 Corinthians 5:14, KJV).

Homework -

- General Assignment #1.

Bibliography / Resources

## PHYSICAL/MENTAL

### DEPRESSION

Definition - The condition of feeling sad or despondent. A psychotic or neurotic condition characterized by an inability to concentrate, insomnia, and feelings of extreme sadness, dejection, and hopelessness. (AHD)

Scriptures -

Homework -

Character study: Elijah  
Character study: Job  
Character study: Jonah  
AST pp. 369-372

Bibliography / Resources

## **PHYSICAL/MENTAL**

### **TURRET'S SYNDROME**

Definition -

Scriptures -

Homework -

Bibliography / Resources

## PHYSICAL/MENTAL

### EATING DISORDERS

#### ANOREXIA

Definition - "Anorexia nervosa is generally considered to be a psychosomatic eating disorder of young adults with self-induced severe weight loss, starvation, malnutrition, and emaciation, which can progress to death in 10 percent of the cases without treatment. More than 95 percent of anorexics are females, usually teenagers." (BEC p. 336)

#### Scriptures -

Know ye not that ye are the temple of God, and *that* the Spirit of God dwelleth in you? If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which *temple* ye are. (1 Corinthians 3:16,17, KJV).

What? know ye not that your body is the temple of the Holy Ghost *which is* in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's. (1 Corinthians 6:19,20, KJV).

#### Homework -

#### Bibliography / Resources

See BEC pp. 337-342

#### BULIMIA

Definition - An eating disorder common among young women of normal or nearly normal weight that is characterized by episodic, uncontrolled binge eating and followed by feelings of guilt, depression, and self-condemnation. is often associated with measures taken to prevent weight gain, such as dieting or fasting. In this sense, also called binge-eating syndrome. (AHD)

#### Scriptures -

Know ye not that ye are the temple of God, and *that* the Spirit of God dwelleth in you? If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which *temple* ye are. (1 Corinthians 3:16,17, KJV).

What? know ye not that your body is the temple of the Holy Ghost *which is* in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's. (1 Corinthians 6:19,20, KJV).

#### Homework -

#### Bibliography / Resources

See BEC pp. 337-342

#### OBESITY

## PHYSICAL/MENTAL

Definition - "Obesity is 'an excessive amount of adipose tissue 20 percent above the ideal body weight. If the weight should increase to 100 percent over ideal body weight, the point is termed massively, or markedly, obese.' Heredity may be a predisposing factor." (BEC p. 337)

Scriptures -

Know ye not that ye are the temple of God, and *that* the Spirit of God dwelleth in you? If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which *temple* ye are. (1 Corinthians 3:16,17, KJV).

What? know ye not that your body is the temple of the Holy Ghost *which is* in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's. (1 Corinthians 6:19,20, KJV).

Homework -

Bibliography / Resources

See BEC pp. 337-342

## **PHYSICAL/MENTAL**

### **SLEEP DISORDERS / DREAMS**

Definition -

See list of disorders on following pages

Scriptures -

Homework -

Read "Dreams" (BEC p. 34)

Bibliography / Resources

## **PHYSICAL/MENTAL**

### **PERFECTIONISM**

Definition - A propensity for being displeased with anything that is not perfect or does not meet extremely high standards. A belief that moral or spiritual perfection can be achieved by people in this life. (AHD)

Scriptures -

(Romans 3:23, KJV) For all have sinned, and come short of the glory of God

Homework -

Perfectionism Self-test (Pat Berg)

Bibliography / Resources

## CULTS / OCCULT

### SATANISM

Definition - Worship of Satan, often using distorted forms of Christian worship.  
(OAD)

Scriptures -

(Exodus 20:3-5, KJV) Thou shalt have no other gods before me. Thou shalt not make unto thee any graven image, or any likeness *of any thing* that *is* in heaven above, or that *is* in the earth beneath, or that *is* in the water under the earth: Thou shalt not bow down thyself to them, nor serve them: for I the LORD thy God *am* a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth *generation* of them that hate me;

(John 3:16, KJV) For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.

(Romans 6:19, KJV) I speak after the manner of men because of the infirmity of your flesh: for as ye have yielded your members servants to uncleanness and to iniquity unto iniquity; even so now yield your members servants to righteousness unto holiness.

(Romans 16:19, KJV) For your obedience is come abroad unto all *men*. I am glad therefore on your behalf: but yet I would have you wise unto that which is good, and simple concerning evil.

Homework -

Bibliography / Resources

## CULTS / OCCULT

### WITCHCRAFT

Definition - Magic; sorcery; Wicca; A magical or irresistible influence, attraction, or charm. (AHD)

Scriptures -

(Romans 16:19, KJV) For your obedience is come abroad unto all *men*. I am glad therefore on your behalf: but yet I would have you wise unto that which is good, and simple concerning evil.

Homework -

Bibliography / Resources

## CULTS / OCCULT

### MORMONISM

Definition - The religion of the Mormons. (The Church of Jesus Christ of Latter-day Saints); LDS Church;

Scriptures -

(Romans 16:19, KJV) For your obedience is come abroad unto all *men*. I am glad therefore on your behalf: but yet I would have you wise unto that which is good, and simple concerning evil.

(Galatians 1:6-9, KJV) I marvel that ye are so soon removed from him that called you into the grace of Christ unto another gospel: Which is not another but there be some that trouble you, and would pervert the gospel of Christ. But though we, or an angel from heaven, preach any other gospel unto you than that which we have preached unto you, let him be accursed. As we said before, so say I now again, If any *man* preach any other gospel unto you than that ye have received, let him be accursed.

Homework -

Bibliography / Resources

*The God Makers* - Decker and Hunt

## CULTS / OCCULT

### CATHOLICISM

Definition - The Roman Catholic religious system

Scriptures -

(Romans 16:19, KJV) For your obedience is come abroad unto all *men*. I am glad therefore on your behalf: but yet I would have you wise unto that which is good, and simple concerning evil.

Homework -

Bibliography / Resources

*Roman Catholicism* - Boettner, Lorraine

## CULTS / OCCULT

### JEHOVAH'S WITNESS

Definition -

Scriptures -

(Galatians 1:6-9, KJV) I marvel that ye are so soon removed from him that called you into the grace of Christ unto another gospel: Which is not another but there be some that trouble you, and would pervert the gospel of Christ. But though we, or an angel from heaven, preach any other gospel unto you than that which we have preached unto you, let him be accursed. As we said before, so say I now again, If any *man* preach any other gospel unto you than that ye have received, let him be accursed.

Homework -

Bibliography / Resources

**HOMework**

**APPENDIX**

## **General Homework Assignments**

1. Write out your salvation testimony.
2. Write out your spouse's salvation testimony.
3. Problem / Solution
  1. List Major Problems
  2. Categorize by importance.
  3. Will solving # 1 problem domino effect other problem?
  4. If not, can you change another problem to # 1?
  5. List steps to solving the problem.
  6. List all advantages of solving this problem.
  7. List all disadvantages (reasons why you haven't solved) this problems.
  8. Compare and contrast advantages / disadvantages.
  9. Commit to God to implement these biblical steps.
4. Scripture Memory
  1. See: MAP method.(Forms and Growth Projects)
  2. Memorize Topically

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